

SOUL  
SPRING

sanctuary

2024 PLANS

# DREAM RETREAT PROGRAM

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This program is for those persons who already have a wellness path, that had a previous approach to therapies or practice wellness activities. This is your step from Wellness to Wellbeing.



## CREATE YOUR OWN ESCAPE.

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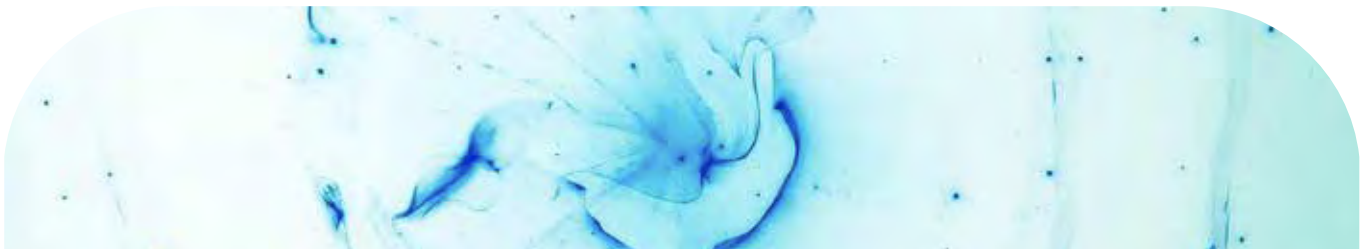
We are strong evangelists of self-care, and strive to find meaningful connections to spread this pursuit of wellness. We love to support you to design your dream retreat. We believe that our approach to wellness is the perfect supplement to any retreat focused on the mind, body, and soul. This could be for you, your group, family or friends.

## BENEFITS YOU'LL GET WITH THIS PROGRAM

- Offers a comprehensive approach to well-being.
- Show and embark on a healthier lifestyle.
- Healthy at the cellular level.
- Create new habits.
- Bring a group together with ease and organization.

## HOW WILL WE DO IT?

Through the highest German Wegamed technology, scientifically proven and certified and by the hand of our medical specialists who will prepare a bio-individualized plan for you according to the needs that your body requires.



Plan	1.5 days	3 days	5 days
<b>Diagnostic</b>			
	<b>Quantity</b>		
<b>Check medical / HRV</b> We'll perform a whole body analysis to evaluate all major systems and organs to identify potential risks and prevent dysfunction before it happens.	1	1	1
<b>Biological Medicine Practice</b> Our specialists will design a highly personalized therapy program to help you detoxify and revitalize your entire body.	1	1	1
<b>Bio-Individualized Therapies</b>			
	<b>Quantity</b>		
Personalized therapies for each patient.	*Depends on results		
<b>Nutrition</b>			
	<b>Quantity</b>		
Nutritional counseling	*Depends on results		
Meet and great with the chef	1	1	1
Personalized alimentation plan	1	1	1
Personalized food	4	8	14
<b>Holistic Therapies</b>			
	<b>Quantity</b>		
Personalized therapies for each patient.	*Depends on results		
<b>Courses and workshops</b>			
Group activities, cooking classes, conferences with specialist doctors, medical recommendations , personal talks with doctors, free use of amenities, among others.			
<b>Total investment</b>	FROM \$8,800.00	FROM \$19,100.00	FROM \$30,550.00

Therapies are performed in a bio-individualized way and may change according to the diagnosis and requirements of each person.