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Sanctuary

PEAK PERFORMANCE PROGRAM

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This program is for all persons who are immersed in the working world; for example, executives or company leaders who work a lot, travel constantly, sleep little, manage personnel and are exposed to high levels of stress.



COMBATING BURNOUT & MAXIMIZING POTENTIAL

Today, there are so many internal and external stressors, and we are more connected than ever by technology, rarely pausing to take a break from the outside world. Whether it is work, family, or friends, we recognize that your health is a crucial part to maintaining your lifestyle.

BENEFITS YOU'LL GET WITH THIS PROGRAM

- Reduce stress, fatigue, and tension.
- Improve attention and focus.
- Enhance stamina and boost productivity.
- Combat depression, mood swings, and anxiety.

HOW WILL WE DO IT?

Through the highest German Wegamed technology, scientifically proven and certified and by the hand of our medical specialists who will prepare a bio-individualized plan for you according to the needs that your body requires.



Plan	1.5 days	3 days	5 days
Diagnostic			
	Quantity		
Check medical / HRV			
We'll perform a whole body analysis to evaluate all major systems and organs to identify potential risks and prevent dysfunction before it happens.	1	1	1
Biological Medicine Practice			
Our specialists will design a highly personalized therapy program to help you detoxify and revitalize your entire body.	1	1	1
Bio-Individualized Therapies			
	Quantity		
Deep Detox Matrix Therapy (Wegamed Proprietary Tech)	1	1	2
Individualized Bioresonance Select Therapy (Wegamed Proprietary Tech)	1	1	2
Ionic Detox Footbath Therapy (Wegamed Proprietary Tech)	1	2	3
Advanced Brain Entrainment Program / Braintap	1	1	2
Chromatic Frequency Therapy / Audiocolor (Wegamed Proprietary Tech)	0	1	2
EEG Electroencephalogram / NeuroFeedback (Wegamed Proprietary Tech)	0	1	2
IV Nutrition / Orthomolecular Bio- Personalized Select (Wegamed Proprietary Tech)	1	2	2
Oxidative Ozone Therapy	1	1	2
Neural therapy - Treatment of the vegetative nervous system	0	0	1
Shirodhara Ayurvedic Healing	0	1	3
Subsequent Biological Medical Consultation	1	2	1
Nutrition			
	Quantity		
Nutritional counseling	0	1	1
Meet and great with the chef	0	1	1
Personalized alimentionation plan	1	1	1
Personalized food	4	8	14
Holistic Therapies			
	Cantidad		
Sound Healing	1	0	1
Meditation Ayam	1	1	2
Tour or wellness activity	1	1	3
Courses and workshops			
Group activities, cooking classes, conferences with specialist doctors, medical recommendations , personal talks with doctors, free use of amenities, among others.			
Total investment	\$22,590.00	\$42,390.00	\$74,480.00

Therapies are performed in a bio-individualized way and may change according to the diagnosis and requirements of each person.